



Solution-Focused Counseling in Middle and High Schools

John J. Murphy

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For courses in School Counseling. Published in collaboration with the American Counseling Association, this book presents solution-focused techniques designed to resolve common school problems in an efficient and responsive manner. Complete with cases, practice exercises, troubleshooting tips, and strategies, John Murphy shows readers how to reframe situations from "what is wrong to what is working" and emphasizes a practical, research-based approach for improving disruptive classroom behavior, failing grades, school violence, truancy and more. It acknowledges the time constraints, caseloads, and various environments present in school counseling situations, and consistently demonstrates how to use small changes and the client's own strengths to quickly lead to positive outcomes.



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