



Public Health: Power, Empowerment and Professional Practice

Glenn Laverack

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Power is a concept central to public health practice. Based on sound principles, this book offers practical solutions for transforming professional power relations. With an emphasis on the work of nurse practitioners, it: *introduces readers to the importance of the concepts of power and empowerment in public health practice, *provides a methodology to plan, implement and evaluate empowering public health programmes, and *investigates the implications of individual, group and community empowerment on public health practice. The second edition also incorporates new specialist material for nursing professionals, fresh case studies, a more recent analysis of the literature and a complete revision of the chapters, all designed to help public health professionals understand how to enable their clients to gain power. This new edition has been written to meet the continuing demand from practitioners who want to work in a more empowering way. So whether you're studying or practising, if you aspire to be a more effective and empowering practitioner this book will help you realise your professional goals.

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