



Learning and Being in Person-Centred Counselling, 2nd edition

Tony Merry

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In the second edition of this hugely popular book, Tony Merry reorganised and updated the text to include the latest initiatives in the world of counselling and psychotherapy. It offers in-depth discussion of all aspects of person-centred counselling from its origins to current developments in theory and practice. The coverage of the topics is innovative, comprehensive and thorough. Tony Merry is renowned for his straightforward and accessible writing style, making *Learning and Being in Person-Centred Counselling* suitable for a wide variety of readers. The clear presentation is augmented by end-of-chapter checklists and the book is brought to life with suggestions for exploring and developing person-centred values, qualities, attitudes and skills. *Learning and Being in Person-Centred Counselling* is recommended for: certificate and diploma in counselling trainees and tutors; undergraduate psychology students and lecturers; nurses and social workers in training; those on vocational and professional helping professions-related courses; trainees on integrative, cognitive or psychodynamic courses; anyone seeking input on contemporary person-centred theory and practice.

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