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*By (author) Melody Beattie*

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You're learning to let go, to live your life free of the grip of someone else's problems. And yet you find you've just started on the long journey of recovery. Let Melody Beattie, author of the classic "Codependent No More," help you along your way. A guided tour past the pitfalls of recovery, "Beyond Codependency" is dedicated to those struggling to master the art of self-care. It is a book about...

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