



## **Sorella: Recipes, cocktails & true stories from our New York restaurant**

*Emma Hearst, Sarah Krathen*

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# **Sorella: Recipes, cocktails & true stories from our New York restaurant**

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**Sorella: Recipes, cocktails & true stories from our New York restaurant** Emma Hearst, Sarah Krathen 100 recipes for bold, gutsy, comforting dishes inspired by the flavors of Northern Italy, from the acclaimed Manhattan restaurant Sorella, co-owned and operated by rising star chef Emma Hearst, with her best friend (and honorary “sister”) Sarah Krathen running the front of the house.

After meeting in culinary school, Emma Hearst and Sarah Krathen opened Sorella—Italian for “sister,” in a nod to the deep connection these friends feel for each other—on Manhattan’s Lower East Side. Lauded for its distinctive blend of gutsy northern Italian fare, family-style spirit, and old-world glamour, their charming neighborhood spot has garnered legions of admirers who come for the ethereal homemade pastas, inspired cocktails, and easy conviviality.

In this, their debut cookbook, Emma and Sarah share behind-the-scenes stories, their passion for food and hospitality, and the secrets to making many of their most popular menu offerings at home. The more than one hundred recipes encompass bold-flavored dishes and signature favorites, including their show-stopping Broccoli Fritto and decadent egg-topped Pâté de Fegato, along with clever cocktails and savvy wine pairings. Bolstered by stunning full-color photographs, visual vignettes, and unforgettable anecdotes that relate everything from the wisdom of Italian grandmothers and the mishaps of opening night to a starring role on Iron Chef, Sarah and Emma convey both their sparkling personalities and their dedication to balancing innovation and tradition. They also offer a truly unique glimpse into what it’s like for two young women to open and run a lively, welcoming, and wildly successful restaurant in New York City.

Selected Recipes Include:

- Arugula & prosciutto salad with pickled cherries
- Marinated mussels & straciarella cheese
- Tajarin with lamb ragu, black pepper ricotta, pistachios & mint
- Cavatelli with porcini & pancetta ragu
- Sorella gnocchi
- Pan-seared mackerel with onion-pine nut puree & pickled vegetables
- Marinated pork chop with wax beans, blistered cherry tomatoes & apple vinegar
- Brussels sprouts with apples & bacon
- Peach crostata with buttermilk gelato
- Bombolini



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