



Relentless: From Good to Great to Unstoppable

Tim S. Grover

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FOR MORE THAN TWO DECADES, LEGENDARY TRAINER TIM GROVER HAS TAKEN THE GREATS—MICHAEL JORDAN, KOBE BRYANT, DWYANE WADE, AND DOZENS MORE—AND MADE THEM GREATER. NOW, FOR THE FIRST TIME EVER, HE REVEALS WHAT IT TAKES TO GET THOSE RESULTS, SHOWING YOU HOW TO BE RELENTLESS AND ACHIEVE WHATEVER YOU DESIRE.

DIRECT, BLUNT, AND BRUTALLY HONEST, Grover breaks down what it takes to be unstoppable: you keep going when everyone else is giving up, you thrive under pressure, you never let your emotions make you weak. In “The Relentless 13,” he details the essential traits shared by the most intense competitors and achievers in sports, business, and all walks of life. *Relentless* shows you how to trust your instincts and get in the Zone; how to control and adapt to any situation; how to find your opponent’s weakness and attack. Grover gives you the same advice he gives his world-class clients—“don’t think”—and shows you that anything is possible. Packed with previously untold stories and unparalleled insight into the psyches of the most successful and accomplished athletes of our time, *Relentless* shows you how even the best get better . . . and how you can too.



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From reader reviews:

Desiree Thorne:

The reason why? Because this Relentless: From Good to Great to Unstoppable is an unordinary book that the inside of the book waiting for you to snap it but latter it will distress you with the secret the item inside. Reading this book next to it was fantastic author who all write the book in such amazing way makes the content inside easier to understand, entertaining approach but still convey the meaning totally. So , it is good for you because of not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of benefits than the other book include such as help improving your proficiency and your critical thinking way. So , still want to postpone having that book? If I have been you I will go to the e-book store hurriedly.

Chuck Deschenes:

Playing with family within a park, coming to see the coastal world or hanging out with close friends is thing that usually you could have done when you have spare time, in that case why you don't try point that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Relentless: From Good to Great to Unstoppable, you may enjoy both. It is good combination right, you still would like to miss it? What kind of hang type is it? Oh occur its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

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