



Intimate Wisdom: The Sacred Art of Love

Karinna Kittles-Karsten

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Love is the most powerful emotion one can express. In Intimate Wisdom: The Sacred Art of Love, Karinna has provided the ultimate guide to reveal how to express and experience love at the deepest level.-Peggy McColl, New York Times best-selling author of Your Destiny Switch"If you are ready to discover how the time-honored love secrets of the East can create a profoundly positive effect on your love life, read this book. Intimate Wisdom is sure to add great health, pleasure, and meaning to your love life." -Mantak Chia, author of The Multi-Orgasmic Couple "Karinna Kittles-Karsten offers at once a system which unifies body and soul, mind and heart, lover and lover, achieving wholeness and oneness in the context of a sensual and impassioned spirituality from which we all can greatly benefit." -M. Daniel Nienaltow, MD, CM, Columbia University Whether you're seeking a soul mate or fulfillment in your current romantic relationship, Intimate Wisdom can help you find genuine emotional, physical, mental, and spiritual compatibility. Learn how to become a sacred lover-a lover who is confident, open-hearted, and skilled in the intimate arts-and build a relationship that nurtures wholeness, health, and ecstasy. From helping you claim the courage to love and boosting positive energy, to techniques that foster deeper intimacy and intensify physical pleasure, Intimate Wisdom will lead you toward a relationship overflowing with joy, respect, and passion.

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