



## **Handbook of Counseling and Psychotherapy with Older Adults**

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Older adults are the fastest-growing segment of society and are entering therapy at an unprecedented rate. Editor Michael Duffy has brought together leading experts in geropsychology and older adult counseling to discuss and offer practice strategies appropriate for this diverse population. The Handbook covers new research findings for clinical treatment, coverage of multiple treatment modalities, and clinical problems confronting older clients, including:

- \* Adjusting to role loss, leisure in late life, and retirement
- \* Developmental issues in psychotherapy with older men
- \* Existential issues of hope and meaning in late life therapy
- \* Developing and enhancing the therapeutic alliance with older clients
- \* The impact of cultural differences in psychotherapy with older clients
- \* Using reminiscence and life review as natural therapeutic strategies in groups
- \* Integrated group approaches with early stage Alzheimer's and their families
- \* Family disruption after nursing home placement of onset of dementia patients: systemic dynamics and treatment
- \* Realizing power in intergenerational family hierarchies: when older adults decline



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