



A Practice of Padmasambhava: Essential Instructions on the Path to Awakening

Shechen Gyaltsap, Rinchen Dargye

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The Indian master Padmasambhava occupies a special place in the hearts of practitioners of Tibetan Buddhism. By bringing tantric Buddhism to Tibet from India he inspired a movement of awakening that for centuries has brought countless practitioners to spiritual fulfillment.

A Practice of Padmasambhava presents two practical and compelling works related to a visualization and mantra practice of Padmasambhava. This practice is based on the most important revelation of the renowned nineteenth-century treasure revealer Chokgyur Lingpa, Accomplishing the Guru's Mind: Dispeller of All Obstacles. These two works give an introduction to the preliminary trainings, outline the primary elements of visualization practice and mantra recitation, and supply a detailed explanation of the practice of Padmasambhava's wisdom aspect, Guru Vadisimha. Through practical step-by-step instructions on this deity, the reader is guided into the general world of tantric practice common to all of Tibetan Buddhism.

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