



## Love Thine Enemas & Heal Thyself: 5th Ed.

*Ba DC Knox*

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In Love Thine Enemas and Heal Thyself, Dr. Knox reveals a lifetime of personal and professional experience in a very readable format with humor and insight in Love Thine Enemas and Heal Thyself. Enemas are simple, common treatments that are effective for many conditions. Most people, even though they may be embarrassed by the procedure, do not feel negatively about enemas. Having an enema administered is something that touches emotions far deeper than other simple medical procedures. This is the only book ever written that explores and clarifies the feelings and emotions that accompany enemas and colonic irrigations. It explains the underlying psychological reasons why some people love enemas and others hate them. Love Thine Enemas and Heal Thyself explores the different directions the feelings about enemas can take. For example, did you know that enemas are usually loved by people of higher levels of education and social positions while they are hated by those with the lowest levels of education or social position? This book explores the psychological, sexual, spiritual, and political aspects of enemas and colonic irrigations.

Love Thine Enemas and Heal Thyself opens up feelings and thoughts never expressed before in print. Understanding feelings about enemas helps us understand our inner child and love that inner child. Understanding and loving ourselves, accepting our human condition makes life more livable. Love Thine Enemas and Heal Thyself can be of immeasurable value to patients, people who have been patients and everyone dealing with patients, friends, or family in this way. Buy it now!

177,610 words, 524pages



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