



## Think Like a Skinny Person - Quotes

*James Livingood*

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# Think Like a Skinny Person - Quotes

James Livingood

**Think Like a Skinny Person - Quotes** James Livingood

***"This book is full of one liners and motivational sayings (think posters sized down to fit in a book) that will help anyone struggling to lose weight, about to relapse, or just in need of some encouragement"***

- Amazon Review

This book is a short Kindle book filled with 40 quotes/images about thinking skinny. I learned many of these tips and tricks from my skinny friends. Putting these tips and tricks into my own life helped me lose 75 pounds.

This (soon-to-be) free book is a quick introduction to see if these tips can help you. My hope is to provide immediate value through the use of images. (Instead of lots of fluffy/boring text)

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