



Enjoy Every Sandwich: Living Each Day as If It Were Your Last (CD-Audio) - Common

Read by Lee Lipsenthal, Read by Dr Dean Ornish By (author) Lee Lipsenthal

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This book is a culmination of what I've learned. I hope it will open the door for you to embrace your humanity, accept uncertainty, and live a life of gratitude. --from Enjoy Every Sandwich As medical director of the famed Preventive Medicine Research Institute, Lee Lipsenthal helped thousands of patients struggling with disease to overcome their fears of pain and death and to embrace a more joy...



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