



30 Days to Taming Your Finances: What to Do (and Not Do) to Better Manage Your Money

Deborah Smith Pegues

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Deborah Smith Pegues, author of the popular *30 Days to Taming Your Tongue* (over 500,000 copies sold), now offers friendly, doable money management strategies in *30 Days to Taming Your Finances*.

Giving readers the benefit of her many years' experience as a public accountant and certified behavioral consultant, Deborah sheds light on the emotional and practical side of putting finances in order. The wealth of information readers will gather includes how to

- forget past financial mistakes and start fresh
- stop emotional spending and still be content
- fund future objectives with confidence

Each day's offering will inspire and motivate readers to savor the freedom that comes with organizing, valuing, and sharing their resources wisely.



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