



Self Psychology: An Introduction

Peter A. Lessem

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This comprehensive, introductory text makes the concepts of self psychology accessible for students and clinicians. It begins with an overview of the development of Kohut's ideas, particularly those on narcissism and narcissistic development and explains the self object concept that is at the core of the self psychological vision of human experience. It also includes brief overviews, of the allied theoretical perspectives of intersubjectivity and motivational systems theory. Numerous clinical vignettes are furnished to illustrate theoretical concepts as well as one continuous case vignette that is woven throughout the book.

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