



One-Track Mind: 15 Ways to Amplify Your Child's Special Interest

Andrea Moriarty

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If your child has dyslexia, autism, Down syndrome or any other learning challenge, one thing is certain: he or she will need extra love and support throughout life. It can feel like they are continually measured against standards of what is “normal” and subjected to expectations that are neither helpful nor kind.

In the process of parenting a special needs child, you might find yourself wondering, “*What am I going to do with this kid?*” The mother of a son with autism, Andrea Moriarty asked that very question. She found a simple yet profoundly life-changing answer: identify your child’s special interest—whether it’s music, *Zorba the Greek*, or bottle caps. Dive into it wholeheartedly with him or her. Then, leverage that passion into a life of purpose.

A candid and inspirational tale from a mom who has been in the trenches of special needs parenting, *One-Track Mind* shares the story of a boy named Reid whose love for music became the therapy—and theme—that transformed his life. Through Moriarty’s journey, you’ll discover ways to guide your own differently abled child by harnessing the power of his or her greatest fascination.



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