



# Great Expectations: Becoming a Dad: The First Three Years

*John C. Carr LCSW*

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Few authors are better prepared to write about fatherhood than John C. Carr, a social worker and psychotherapist who understands the psychological development of both infants and men. And, as a dad of three, he's on the front lines of fathering.

Carr covers not only practical "how-tos," but also the more elusive, emotional side of being a father. Plus, he discusses the crucial impact a father's presence has on his child-and why he should be present right from the start.

Men will find reassurance, as well as the insights and skills needed to manage work, family expectations, and their own needs as they adapt to their new role.



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