



## Vegan Slow Cooker for Beginners: Essentials to Get Started

*Rockridge Press*

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# **Vegan Slow Cooker for Beginners: Essentials to Get Started**

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## **Vegan Slow Cooker for Beginners: Essentials to Get Started** Rockridge Press

Now you can whip up quick, filling vegan meals straight from your slow cooker.

*Vegan Slow Cooker for Beginners* will take the time and frustration out of cooking vegan at home. *Vegan Slow Cooker for Beginners* offers healthy, simple vegan slow cooker recipes designed perfectly for the busy vegan. *Vegan Slow Cooker* shows you how to use your slow cooker to make hearty vegan meals and save hours of time every day. With 150 easy and delicious vegan slow cooker recipes, *Vegan Slow Cooker for Beginners* is a comprehensive guide to creating nutritious and flavorful plant-based meals--with enough for leftovers.

*Vegan Slow Cooker for Beginners* will show you how to create easy vegan slow cooker meals with:

- 150 delicious and simple vegan slow cooker recipes
- Vegan slow cooker crowd-pleasers, such as Black Bean Breakfast Burritos, Vegan Eggplant Parmesan, and Chocolate-Peanut Butter Cake
- Tips for buying the slow cooker that's right for your lifestyle
- Advice on stocking your pantry and equipping your kitchen from the editors of *Vegan Slow Cooker for Beginners*

*Vegan Slow Cooker for Beginners* is your no-hassle guide to enjoying the healthful benefits of a vegan lifestyle.

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**Vanessa Gibson:**

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**Wm Mills:**

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