



# Legacies of the Heart: Living a Life That Matters

*Margaret L Newhouse*

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# Legacies of the Heart: Living a Life That Matters

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“Poetic and pragmatic...a joy to read...a blueprint for making the most of our time on earth.” —Marc Freedman, Founder/CEO, Encore.org, author, *The Big Shift* “Has fundamentally changed my understanding of legacy.” —Fred Mandell, CEO of the Global Institute for the Arts and Leadership “An unforgettable source of guidance for the legacy work that we each must do...” —Harry R. Moody, Ph.D., Retired Vice President, AARP What legacies have you received and what will you pass on, to leave the world a little better than you found it? In *Legacies of the Heart*, Meg Newhouse provides an unconventional compass to discover and shape your legacies. She guides us to a more conscious and heart-centered imprinting of our legacies on the memories and values of those we touch and in the material records we leave behind. While a remarkably rich resource, *Legacies* is not the typical how-to book. Much of its appeal lies in the illustrative personal stories Newhouse tells, her own as well as those of friends, clients, workshop participants, and people in the media. Through her invitation to reflect on these stories, she takes readers on a journey of transformational importance, not only for one generation but also for the generations that follow.

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