



## The Stroke Book

*Dr. Ron Graham*

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# **The Stroke Book**

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## **The Stroke Book** Dr. Ron Graham

Dr. Ron Graham was trained as an engineer, and worked for NASA for more than 12 years. He received further training as an educator and taught in secondary schools for three years, and on the college level for eight. He was bullied throughout his youth, and ultimately found No Such Thing as a Bully - an organization in which he is now a partner - to have the answers to ongoing bullying problems. Dr. Ron suffered, and recovered from a stroke in 2012. The stroke paralyzed his right side, and through therapy he relearned basic functions, leading to a nearly 100% complete recovery. On the way, he underwent a transformation in his character, moving from doubt and bitterness to confidence and positivity. This book documents his recovery and what he learned from it. Much of what he learned may be available to nearly any stroke patient.



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