



# **The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills**

*Deborah Fein PhD, Molly Helt PhD, Lynn Brennan EdD BCBA-D, Marianne Barton PhD*

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Suspecting that your baby or toddler may have autism spectrum disorder or another developmental delay can be scary and overwhelming. But there is a lot you can do to help, even while waiting for an evaluation or early intervention. With the right tools, everyday tasks can be terrific opportunities for building critical social and communication skills. Start at the kitchen table, bathtub, or shopping cart! In this easy-to-navigate guide, leading experts present more than 100 games and activities designed to support development in children from birth to age 3. Your child's daily routines are transformed into learning opportunities that promote crucial abilities, like how to imitate others or use simple hand gestures to convey wants and needs. As a parent, you are the most important person in your child's life. Now you can be the best teacher, too.

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