



# Speaking of Apraxia: A Parents' Guide to Childhood Apraxia of Speech

*Leslie Lindsay*

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At last, a parents' guide to understanding, treating, and living with childhood apraxia of speech (CAS). Written in an empathetic style by a parent who "has been there", **Speaking of Apraxia** offers hope and practical advice for parents of toddlers to teens with this neurologically-based motor speech disorder. Characterized by difficulties with planning and producing the complex set of movements necessary for intelligible speech, CAS can be a child's only diagnosis or can be accompanied by other special needs such as learning disabilities, Down syndrome, or autism. Parents and professionals will appreciate the author's clear explanations of everything from diagnosing CAS and working with speech-language pathologists (SLPs), to understanding how to distinguish it from other speech disorders, and getting appropriate early intervention and special education support.

Drawing on the latest research, professionals' insights, her own and other parents' experience, the author covers these important topics:

I: The Straight Scoop on Speech Basics--CAS definition; An Overview of Speech & Language; Where to Get Help and What to Ask; Your First Appointment with an SLP

II: Now What?!--Getting, Coping with and Understanding the Diagnosis; Health & Genetics; All about Speech Therapy

III: Helping Your Child--Complementary and Alternative Medical and Treatment Approaches (Diet, Music, Movement Therapy and More)

IV: Off to School--Getting Ready; Special Education Ins & Outs; Phonological Awareness; Reading Issues

V: Coping & Hoping--Dealing with Emotions and Family Life; What the Future May Hold; Networking, Support Groups, and Advocacy

Appendices: Information on insurance, summer camps and enrichment programs, speech-language milestones, and a glossary of terms

**Speaking of Apraxia** is a comprehensive and authoritative resource any family, SLP, occupational therapist, or pediatric practice will be glad to own or recommend.

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