



## The Roots of the Recovery Movement in Psychiatry: Lessons Learned

*Larry Davidson, Jaak Rakfeldt, John Strauss*

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As the global psychiatric community enters a new era of transformation, this book explores lessons learned from previous efforts with the goal of “getting it right” this time. In response to the common refrain that we know about and ‘do’ recovery already, the authors set the recovery movement within the conceptual framework of major thinkers and achievers in the history of psychiatry, such as Philippe Pinel, Dorothea Dix, Adolf Meyer, Harry Stack Sullivan, and Franco Basaglia.

The book reaches beyond the usual boundaries of psychiatry to incorporate lessons from related fields, such as psychology, sociology, social welfare, philosophy, political economic theory, and civil rights. From Jane Addams and the Settlement House movement to Martin Luther King, Jr., and Gilles Deleuze, this book identifies the less well-known and less visible dimensions of the recovery concept and movement that underlie concrete clinical practice.

In addition, the authors highlight the limitations of previous efforts to reform and transform mental health practice, such as the de-institutionalization movement begun in the 1950s, in the hope that the field will not have to repeat these same mistakes. Their thoughtful analysis and valuable advice will benefit people in recovery, their loved ones, the practitioners who serve them, and society at large.

Foreword by Fred Frese, *Founder of the Community and State Hospital Section of the American Psychological Association and past president of the National Mental Health Consumers' Association*



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