



HOW TO LIVE LIFE HAPPY!: Maintaining Happiness in a Busy Lifestyle - Happy Is The New Healthy! (happy is the new healthy, how to be happy, how to be happy ... the way of happiness, book Book 1)

Marie Niblet Cage

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Are you juggling everything around in your life?

Are you happy?

Would you like to know how to be?

It has been said that to be happy in a busy life takes a lot of work and will power.

You have to want to be happy and you have to want to work for it.

Life won't stop for you and it is inevitable that there are sacrifices to be made with every decision that you make.

.This book helps you understand exactly what you need to do to be happy in a busy life.

There will always be someone out there who is prettier than you and smarter than you and someone that seems more successful but you need to remember that people will only ever show you the highlights of their life.

No one broadcasts their pain on social media. Comparison is the death of happiness.

It is our hope that you will read this book and be inspired into great happiness and fullness of life. Breath Deep My Friend!!!

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