



The Bondage Breaker®

Neil T. Anderson

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Through Jesus we can win the spiritual battles that confront us. We don't have to be trapped in frustration, bitterness, and discouragement. *The Bondage Breaker®* (more than 900,000 copies sold) helps readers discover how to break negative thought patterns, control irrational feelings, and break out of sinful behavior. In this *updated and expanded* edition, Neil reveals the position and vulnerability of believers, then presents specific steps to help them achieve true freedom. Dr. Anderson has helped thousands of people—including anorexics, bulimics, and people caught in personal conflicts—overcome their problems through biblical perspectives, biblical answers, and active affirmation of their identity in Christ.

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