



The Book of SHE: Your Heroine's Journey into the Heart of Feminine Power

Sara Avant Stover

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Women face many challenging transitions on the pilgrimage from girlhood through womanhood: menses, love and heartbreak, motherhood, menopause. Devoid of a central narrative, these rites of passage too often happen in shame and secrecy, leaving women doubting their personal power and self-worth. Bestselling author and founder of The Way of the Happy Woman®, Sara Avant Stover saw how women erroneously viewed these initiations as “curses” and sought to present a new model that reflected the power and wisdom unique to the feminine path.

The Book of SHE celebrates all that it means to be a woman, from mythological underpinnings to the cycles of our day-to-day lives. Drawing on archetypes including Mary Magdalene, the Dark Goddess, and Green Tara, Stover will guide you on a journey home to psychological wholeness, personal empowerment, and, ultimately, full feminine spiritual Awakening. Brimming with mystery and magic, this provocative book makes ancient wisdom and healing practices accessible to every woman who is ready to revel in her full femininity — the dark and the light — through joyfully becoming the heroine of her own life.



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James Stover:

The book untitled The Book of SHE: Your Heroine's Journey into the Heart of Feminine Power contain a lot of information on it. The writer explains your ex idea with easy method. The language is very simple to implement all the people, so do definitely not worry, you can easy to read it. The book was written by famous author. The author provides you in the new period of literary works. You can actually read this book because you can read on your smart phone, or device, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can open up their official web-site and also order it. Have a nice study.

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